Fundamentals of a Healthy Patient

**Holidays and Breaks**

- **Labor Day:** September 5, 2022
- **Term Break:** September 24, 2022 - October 2, 2022
- **Thanksgiving Break:** November 24, 2022 - November 25, 2022
- **Winter/Term Break:** December 17, 2022 - January 1, 2023
- **Martin Luther King Jr. Day:** January 16, 2023
- **Break between Year 1 and Year 2:** March 11- April 9, 2023
- **Year 2 Start:** April 10, 2023

**Basic Science Course Sequence**

**Human Body Foundations 1**

- **Course/Segment 1 Start:** July 5, 2022
- **Cumulative Exam 1:** July 27, 2022
- **Cumulative Exam 2:** August 17, 2022
- **Cumulative Exam 3:** September 19, 2022
- **NBME Exam:** September 21, 2022
- **GA Practical:** September 23, 2022
- **Course End:** September 23, 2022
- **Term Break:** September 24, 2022 – October 2, 2022

**Required:**

- 7/14: Mental Health First-Aid Training Part 1 (10am-12pm)
- 7/14: Gross Anatomy Lab 00: Intro to Dissection & First Patient (1:30pm-4:30pm)
- 7/15: Team Practice-1 (1:30pm-3pm Group A, 3:30pm-5pm Group B)
- 7/18: Team Practice-2 (10am-11:30am Group B, 1:30pm-3pm Group A)
- 7/19: Gross Anatomy Lab 01: Pectoral Region (1:30pm-4:30pm Dissection Group A)
• 7/20: Histology Lab 01: Epithelium (9am-10:30am Gold Groups, 10:30am-12pm Green Groups)
• 7/21: Mental Health First-Aid Training Part 2 (10am-12pm)
• 7/21: Gross Anatomy Lab 02: Axilla (1:30pm-4:30pm Dissection Group B)
• 7/22: Team Practice-3 (1:30pm-3pm Group B, 3:30pm-5pm Group A)
• 7/27: Cumulative Exam 1 (9am-11:30am, 1pm-3:30pm Groups TBD)
• 7/29: White Coat (9am-11:30am, 1pm-3:30pm Groups TBD)
• 8/1: Team Practice-4 (10am-11:30am Group B, 1:30pm-3pm Group A)
• 8/2: Gross Anatomy Lab 03: Back, Scapula, Posterior Arm (1:30pm-4:30pm Dissection Group A)
• 8/3: Histology Lab 02: Connective Tissue & Cartilage (9am-10:30am Green Groups, 10:30am-12pm Gold Groups)
• 8/4: Gross Anatomy Lab 04: Anterior Arm & Forearm (1:30pm-4:30pm Dissection Group B)
• 8/5: Histology Lab 03: Bone & Ossification (9am-10:30am Gold Groups, 10:30am-12pm Green Groups)
• 8/5: Team Practice-5 (1:30pm-3pm Group A, 3:30pm-5pm Group B)
• 8/9: Gross Anatomy Lab 05: Posterior Forearm & Hand Dorsum (1:30pm-4:30pm Dissection Group A)
• 8/10: Histology Lab 04: Nerve & Muscle (9am-10:30am Green Groups, 10:30am-12pm Gold Groups)
• 8/10: Radiological Anatomy (4:30pm-6pm)
• 8/11: Evidence Based Medicine Small Group (9:30am-10:30am Green Groups, 11am-12pm Gold Groups)
• 8/11: Gross Anatomy Lab 06: Hand, Joints Upper Extremity, Vertebral Column (1:30pm-4:30pm Dissection Group B)
• 8/12: Pharmacovigilance I (1pm-2pm Gold Groups, 2:30pm-3:30pm Green Groups)
• 8/17: Cumulative Exam 2 (9am-11:30am, 1pm-3:30pm Groups TBD)
• 8/19: Histology Lab 05: Blood & Hemopoiesis (9am-10:30am Gold Groups, 10:30am-12pm Green Groups)
• 8/22: Team Practice-6 (10am-11:30am Group B, 1:30pm-3pm Group A)
• 8/23: Gross Anatomy Lab 07: Anterior & Medial Thigh (1:30pm-4:30pm Dissection Group A)
• 8/24: Histology Lab 06: Integument & Vascular (9am-10:30am Green Groups, 10:30am-12pm Gold Groups)
• 8/25: Mental Health Summit (10am-12pm)
• 8/25: Gross Anatomy Lab 08: Gluteal Region, Posterior Thigh, Popliteal Fossa (1:30pm-4:30pm Dissection Group B)


- **8/26:** Team Practice-7 (1:30pm-3pm Group B, 3:30pm-5pm Group A)
- **8/30:** Gross Anatomy Lab 09: Leg & Foot Dorsum (1:30pm-4:30pm Dissection Group A)
- **8/31:** Histology Lab 07: Lymphatic System (9am-10:30am Gold Groups, 10:30am-12pm Green Groups)
- **9/1:** Evidence Based Medicine Small Group (1pm-2pm Green Groups, 2:30pm-3:30pm Gold Groups)
- **9/2:** Team Practice-8 (8:30am-10am Group B, 10:30am-12pm Group A)
- **9/2:** Ultrasound Training Intro (1pm-2pm Group 1, 2pm-3pm Group 2, 3pm-4pm Group 3)
- **9/7:** Pharmacovigilance II (9:30am-10:30am Green Groups, 11am-12pm Gold Groups)
- **9/7:** Radiological Anatomy (4:30pm-6pm)
- **9/8:** Gross Anatomy Lab 10: Sole Foot, Joints Lower Extremity (1:30pm-4:30pm Dissection Group B)
- **9/9:** Team Practice-9 (8:30am-10am Group A, 10:30am-12pm Group B)
- **9/9:** MSK Ultrasound (1pm-2pm Group 2, 2pm-3pm Group 3, 3pm-4pm Group 1)
- **9/19:** Cumulative Exam 3 (9am-11:30am, 1pm-3:30pm Groups TBD)
- **9/21:** Foundations I NBME Exam (9am-11:30am, 1pm-3:30pm Groups TBD)
- **9/23:** GA Practical Exam (9am-11:30am, 1pm-3:30pm Groups TBD)

**Service Learning 1A**

*Course Start:* July 5, 2022  
*Course End:* September 23, 2022

**Required:**

- **7/13:** Growth Mindset (1:30pm-2:30pm Red, 3pm-4pm Gray)
- **7/20:** Growth Mindset (1:30pm-2:30pm Purple, 3pm-4pm Green)
- **8/3:** Growth Mindset (1:30pm-2:30pm Yellow, 3pm-4pm Brown),  
- **8/3:** Service Learning (5:30pm-7:30pm Half Class)
- **8/10:** Growth Mindset (1:30pm-2:30pm Blue, 3pm-4pm Orange)
- **8/24:** Service Learning (5:30pm-7:30pm Half Class)

*Please note students will be assigned one of the above Growth Mindset sessions based on what Learning Community you are in (Blue, Green, Yellow, etc.)*

**Clinical Skills 1A**

*Course Start:* July 5, 2022  
*Course End:* September 23, 2022
Required:
- Students will be assigned 3-4 of the following dates:
  - 7/11, 7/12, 7/18, 7/19, 8/1, 8/2, 8/8, 8/9, 8/22, 8/23, 8/29, 9/6
  - Specifically assigned dates will be released before the start of the next term (7/5/22)

**P4-1A**
Course Start: July 5, 2022
Course End: September 23, 2022

Required:
- 9/1: P4 Session (9am-11:30am)
- 9/8: P4 Session (9am-11:30am)
- 9/15: P4 Session (9am-11:30am)

**Human Body Foundations 2**
Course Start: October 3, 2022
Cumulative Exam 1: October 19, 2022
Cumulative Exam 2: November 9, 2022
Cumulative Exam 3: December 12, 2022
NBME Exam: December 14, 2022
GA Practical: December 16, 2022
Course End: December 16, 2022
Winter/Term Break: December 17, 2022 - January 1, 2023

Required:
- 10/4: Gross Anatomy Lab 11: Thorax, Pleural Cavity, Lungs (1:30pm-4pm)
- **10/5: Careers in Medicine, 11-12pm, Virtual**
- 10/6: Gross Anatomy Lab 12: Middle Mediastinum, Heart (1:30pm-4pm)
- 10/7: Histology Lab 8: Microanatomy of the Heart (10am-11am, 11am-12pm Groups TBD)
- 10/7: Team Practice 1: Physiology (1:30pm-3pm, 3:30pm-5pm Groups TBD)
- 10/11: Gross Anatomy Lab 13: Superior & Posterior Mediastinum (1:30pm-4:30pm)
- 10/12: Interactive Radiological Anatomy 3 - Thorax (4:30pm-6pm) *Virtual*
- 10/14: Evidence Based Medicine Small Group (9:30am-10:30am Green Groups, 11am-12pm Gold Groups)
- 10/14: Team Practice 2: Physiology (1:30pm-3pm, 3:30pm-5pm Groups TBD)
- 10/21: Histology Lab 9: Microanatomy of the Respiratory System (9am-10:30am Group
A, 10:30am-12pm Group B)

- 10/24: Team Practice 3: Physiology (10am-11:30am, 1:30pm-3pm Groups TBD)
- 10/26: Cardiopulmonary PBL: Case Reading & Objective Writing (10:30am-12pm)
- 10/26: Nalaxone Training (3-4pm) Virtual
- 10/27: Gross Anatomy Lab 14: Anterior Abdominal Wall (1:30pm-4:30pm)
- 10/28: Cardiopulmonary PBL: Research Presentation (10:30am-12pm)
- 10/28: Physiology CBL 1: Cardiopulmonary Integration (1:30pm-3pm Group A, 3pm-4:30pm Group B)
- 10/31: Team Practice 4: Physiology (10am-11:30am, 1:30pm-3pm Groups TBD)
- 11/1: Gross Anatomy Lab 15: Reflection of Anterior Abdominal Wall, Peritoneal Cavity (1:30pm-4:30pm)
- 11/2: Histology Lab 10: Microanatomy of the Oral Cavity (9am-10:30am Group B, 10:30am-12pm Group A)
- 11/2: Pharmacovigilance: Cardiopulmonary System (3pm-4pm Group A, 4:30pm-5:30pm Group B)
- 11/3: Evidence Based Medicine Small Group: Problem Solving Practice (9:30 am-10:30 am Green Groups, 11am-12pm Gold Groups)
- 11/3: Gross Anatomy Lab 16: Celiac Trunk, Stomach, Liver, Gallbladder (1:30pm-4:30pm)
- 11/4: Histology Lab 11: Microanatomy of the Esophagus, Stomach, & Intestines (9am-10:30am Group A, 10:30am-12pm Group B)
- 11/4: Team Practice 5: Physiology (1:30pm-3pm, 3:30pm-5pm Groups TBD)
- 11/11: Gross Anatomy Lab 18: Duodenum, Pancreas, Spleen, Portal Vein (1:30pm-4:30pm)
- 11/18: GI PBL: Research Presentation (10:30am-12pm)
- 11/28: Team Practice 8: Physiology (10am-11:30am, 1:30pm-3pm Groups TBD)
- 11/29: Gross Anatomy Lab 19: Posterior Abdominal Viscera (1:30pm-4:30pm)
- 11/30: Histology Lab 13: Microanatomy of the Urinary System (9am-10:30am Group A, 10:30am-12pm Group B)
- 11/30: Renal PBL: Case Reading & Objective Writing (1:30pm-3pm)
- 11/30: Interactive Radiological Anatomy 4: Abdomen (4:30pm-6pm) Virtual
- 12/1: Gross Anatomy Lab 20: Posterior Abdominal Wall & Diaphragm (1:30pm-4:30pm)
- 12/2: Pharmacovigilance: Renal System (9:30am-10:30am Group B, 11am-12pm Group A)
- 12/2: Renal PBL: Research Presentation (1:30pm-3pm)
- 12/5: Team Practice 9: Physiology & Biochemistry (10am-11:30am, 1:30pm-3pm Groups TBD)
**Service Learning 1B**

**Course Start:** October 3, 2022  
**Course End:** December 16, 2022

**Required:**
- 10/5: Debunking Medical Myths (1:30pm-2:30pm) Blue and Yellow only  
- 10/12: Debunking Medical Myths (1:30pm-2:30pm) Red and Green only  
- 10/26: Debunking Medical Myths (1:30pm-2:30pm) Orange and Purple only  
- 11/2: Debunking Medical Myths (1:30pm-2:30pm) Gray and Brown only

*Students will only be required to go to one of the above sessions by LC/House*

**Clinical Skills 1B**

**Course Start:** October 3, 2022  
**Course End:** December 16, 2022

**Required:**
- Students will be assigned 3-4 of the following dates:
  - 10/3, 10/4, 10/10, 10/11, 10/24, 10/25, 10/31, 11/1, 11/14, 11/15, 11/21, 11/22, 11/28, 11/29, 12/5, 12/6,
- Specifically assigned dates will be released before the start of the next term (10/3/22)

**P4-1B**

**Course Start:** October 3, 2022  
**Course End:** December 16, 2022

**Required:**
- 10/6: SG3 (8am-12pm)  
- 10/13: SG4 (8am-12pm)  
- 10/20: SG5 Homeless/Housing Insecure (8am-12pm)  
- 10/27: SG6 (8am-12pm)  
- 11/17: SG7 (8am-12pm)  
- 12/1: SG8 (8am-12pm)  
- 12/8: P4 Exam (8am-12pm)
Human Body Foundations 3
Course Start: January 2, 2023
Cumulative Exam 1: January 18, 2023
Cumulative Exam 2: February 8, 2023
Cumulative Exam 3: March 6, 2023
NBME Exam: March 8, 2023
GA Practical: March 10, 2023
Course/Year 1 End: March 10, 2023

Required:
• Once the course schedule is finalized, all required activities for this 12 week block in HBF3 will appear here.

Disclaimer: this is not a comprehensive list of dates of when students will be required to be on campus for academic activities. Please refer to the Canvas Calendar when released for detailed course schedules (lectures, etc.). Individual course schedules will be made available to students no later than one month prior to the start of the course, unless extenuating circumstances prevent otherwise. Any changes made to the above schedule will be communicated promptly to the class.

Created: 5-1-2022 T. Singh
Edited: 8-15-2022 K. Gross